

Mosaic Arabic Dance Network presents
a workshop on;

Contra-indications of Arabic Dance for general populations; Safe teaching practise.

With Fitness and Dance consultant

Dawn-Marie Wedlock

Sunday 9th June North Devon

Sunday 1st July Powick (Worcestershire) 10-4pm

Sunday 29th July Telford, Shropshire 10-4pm

£15.00 MADN members £20 non members

- **Practise and theory of warm up and cool down**
- **Contraindication specific to Arabic Dance**
- **The science of good stretching practise**

An essential workshop for anyone involved in Arabic dance who would like to enhance their background knowledge. Open to teachers and students.

Those attending will receive a certificate of attendance, plus a £15 voucher towards renewal of the insurance premium for the MADN teachers' insurance scheme.

For all enquiries contact Dawn-Marie Wedlock on (01684) 562127.
email tan@thebellydancer.co.uk

Booking Form

(please print details clearly for correct certification)

Full name _____

Address _____

Post code _____ Telephone _____

MADN membership no. _____

Please enrol me on the following update day (please tick);

Worcestershire 1st July Closing date 14th June

Shropshire 29th July Closing date 15th July

Please send payment with an SAE and all cheques payable to MADN- UK. Return as soon as possible to D M Wedlock, 33 Meadow Road, Malvern, Worcestershire WR14 2RZ. Confirmation, receipts and details will be sent out after the closing dates. No refunds can be given for these events.

Signed _____ **Date** _____

Please indicate if you require any of the following information;

Hotel accommodation for workshops

MADN membership

MADN Teachers' Public Liability Insurance

MADN PPL (music licensing)

<input type="checkbox"/>
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