

Workshop & Lecture Booking Form

Please indicate your preferences for each session you wish to participate in.
1 for your 1st choice and 2 for your 2nd choice if the first workshop is full.

We try very hard to make sure that everyone gets to attend their 1st choice of workshops, but it is also event policy to ensure that there are no overcrowded workshops. Some workshops fill up quickly, therefore it is **essential** that you provide **TWO** choices for all of the sessions you wish to participate in. Only providing one choice means we will have to contact you to discuss other options if a workshop is full—last minute changes can be made at the registration desk during the festival but only prior to a session beginning.

Saturday

Session 1 - 9am to 11.00am

- Emma Pyke & Covert Bling - Tribal Combinations.
- Raheesha - Belly Samba. General Level
- Sara Shrapnell - Walk Like a Belly Dancer. Beginner/Improver Level
- Vashti - Moroccan Folkloric Dance. Open Level
- Morocco - Choreography to Bahlam Beek Part One
9.30am onwards (3 hours + breaks) General Level

Session 2 - 11.30am to 1.00pm

- Afra al Kahira - Graceful & Beautiful Arms. General Level
- Kathryn Dawes – Dums, Teks and Ka's. General Level
- Wendy Hughes - Costume Making for Beginners
- Talia - Introduction to Roman Havasi. General Level

Session 3 - 2.15pm to 4.15pm

- Tracey Gibbs - Core Muscle Control. General Level
- Candi Colgrave-Bell - The Magency. General Level
- Emma - Improvising in 3D. General Level
- Afra al Kahira - Using the Dance Space Effectively
- Dondi - Lean a fun drum solo choreography. General Level
2.15pm onwards (3 hours + breaks)

Session 4 - 4.45pm to 5.30pm

- Afra al Kahira - Make-up Magic. All Levels. Please bring your own make-up and applicators.
- Emma Pyke - Promoting Yourself. All Levels

Sunday

Session 1 - 9am to 11.00am

- Candi Colgrave-Bell - Akdeb Alaek - Learn how understanding the lyrics can help with your dancing. General Level
- Emma Pyke - Learn a Tribal Fusion Choreography. General Level
- Tracey Gibbs - Shimmies & all they can do. General Level
- Morocco - Choreography to Bahlam Beek Part Two
9.30am onwards (3 hours + breaks) General Level
- Dondi - Choreography to Ana Fe Inti Zarak
9.30am onwards (3 hours + breaks) Advanced Level

Session 2 - 11.30am to 1.30pm

- Vashti - Travelling with Style & Grace. General Level
- Sara Shrapnell - Choreography to Ah Ya Nari. Open Level
- Maureen Pemberton - Finger Cymbal Magic. General Level.

Session 3 - 2.30pm to 4pm

- Siluria - Klezma Style. General Level
- Stephanie Gawne-Hamza - Core Strength & Posture. General Level
- Pamela Austin - Funky Folk. General Level
- Afra al Kahira - Stage Dynamics. General Level
- Morocco - Comparative Karsilama. General Level

Session 4 - 4.30pm to 5.30pm

- Vashti - The History of Belly Dance.
Lecture/discussion - open to all

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General Level - suitable for all levels except absolute beginners. General Level workshops are aimed to give something to most levels of experience.

Beginners - Suitable for dancers just starting out or who have done a few classes. Not suitable for any other levels unless you are keen to revisit the basics.

Improver/Intermediate - Dancers with at least two years experience of regular weekly classes who are looking for something new but not beyond their abilities.

Advanced - This is for dancers who have at least 3/4 years experience of regular classes who are experienced at learning in workshops & performing regularly at haflahs and other events. The content of these workshops is designed to be challenging and hard.

Name

Address

Phone

Email
